

# TUSCOLA FRESH-SOPH INVITE BOYS RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME/DIST.</u>	<u>YEAR</u>
100 Dash	B. SMITH	TUSCOLA	10.8	2012
200 Dash	B. SMITH	TUSCOLA	22.3	2012
400 Dash	B. SKOWRONSKI	SHELBYVILLE	50.8	2010
800 Run	B. SNARSKI	MERIDIAN	2:02.4	2011
1600 Run	L. HALL	ARTHUR	4:29.00	2016
3200 Run	E. PONDER	TUSCOLA	9:50.8	2013
110 H.H.	K. SMITH	ARTHUR	15.7	2004
	A. LUESSE	UNITY	15.7	2013
300 I.H.	K. PETERSON	ARCOLA	41.2	1997
400 Relay		ARCOLA	45.63	2018
800 Relay		MONTICELLO	1:36.54	2016
1600 Relay		SHELBYVILLE	3:37.85	2015
3200 Relay		MERIDIAN	8:38.1	2012
High Jump	C. GETZ	MERIDIAN	6' 05"	2016
Long Jump	R. HUNT	TRI-COUNTY	20' 7"	2018
Triple Jump	R. HUNT	TRI-COUNTY	43' 0"	2018
Shot Put	M. MC CARTHY	ARTHUR	53' 0"	1998
Discus	M. MC CARTHY	ARTHUR	154' 9"	1998
Pole Vault	R. SMITH	CASEY	15' 1"	2013

# TUSCOLA FRESH-SOPH INVITE GIRLS RECORDS

<u>EVENT</u>	<u>NAME</u>	<u>SCHOOL</u>	<u>TIME/DIST.</u>	<u>YEAR</u>
100 Dash	DOUGLAS	CENTRAL A&M	12.5	2003
200 Dash	E. NEUHAUSER	SULLIVAN	25.8	2012
400 Dash	L. PATTERSON	TUSCOLA	58.61	2023
800 Run	A. NOON	WARRENSBURG	2:21.0	2006
1600 Run	G. SPAIN	SHELBYVILLE	5:27.83	2018
3200 Run	A. MITCHELL	SHELBYVILLE	12:07.33	2017
100 H.H.	L. PATTERSON	TUSCOLA	15.17	2022
300 L.H.	J. KIMBRO	SALT FORK	44.57	2014
400 Relay		CLINTON	51.3	2010
800 Relay		SULLIVAN	1:50.3	2012
1600 Relay		TUSCOLA	4:16.4	2003
3200 Relay		SOUTH PIATT	10:45.0	1999
High Jump	BECKETT	CENTRAL A&M	5' 6"	2016
	K. NETTLES	A-L-A-H	5' 6"	2018
Long Jump	J. MEYER	VILLA GROVE	16' 9"	1996
Triple Jump	K. HUNT	TRI-COUNTY	34' 10"	2018
Shot Put	K.D. YOUNG	WARRENSBURG	48' 1"	2015
Discus	K.D. YOUNG	WARRENSBURG	151' 4"	2015
Pole Vault	G. SPAIN	SHELBYVILLE	11' 0"	2019
	H. CARLTON	GEORGETOWN	3.35 m	2022

# TUSCOLA FRESH-SOPH INVITATIONAL TRACK MEET

## BOYS & GIRLS MEET

HELD AT: TUSCOLA HIGH SCHOOL

**DATE:** Monday, April 29th, 2024

**TIME:** Coaches Meeting 4:00 at the finish line tent. Field Events begin at 4:30 p.m.;  
Girls 3200 at 5:15; All other running events at 6:00 p.m.

**ON-LINE ENTRIES:** Must be done on athletic.net by Thursday, April 25 at NOON.

**LIMIT:** Two individuals and one relay team per event.

**CHANGES:** **ALL CHANGES MUST BE MADE ON ATHLETIC.NET BEFORE Noon on Thursday, April 25, 2024. Nothing will be accepted or changed after that time. ABSOLUTELY NO CHANGES OR SUBSTITUTIONS ON MEET DAY! Scratches may be made at the finish line tent.**

**SURFACE:** Track, runways, and approaches are latex rubber. Only 1/4" or shorter spikes allowed. **NO NEEDLE NOSE SPIKES.** Shot and discus pads are concrete.

**HEATS:** Some races may be re-heated after the scratch meeting.

**FIELD:** Long Jump and Triple Jump - 3 attempts.  
Shot and Discus - 4 attempts.

**AWARDS:** Medals will be awarded for first in each event.  
Ribbons for places 2 through 6.  
Coaches should pick up awards at base of press box when leaving.  
**PLEASE CHECK FOR CORRECT AWARDS.**

**SCORING:** Not a scored team meet.

**CONTROL:** Please make every effort to keep coaches, participants, and spectators away from the finish line and the gate on the south side of the track. All camps are to be located outside the track. Please also police your area and stay off the football field.

**CONCESSIONS:** Will be available.

**FIELD EVENTS:** Make scratches at the event.  
High Jump-boys first  
Discus-girls first  
Shot Put-boys first  
Long Jump followed by Triple Jump-girls on west runway, boys on east runway  
Pole Vault-girls first

# TUSCOLA FRESH-SOPH INVITATIONAL TRACK MEET

## **COACHES (Please Note):**

1. Running Events – Participants, report on time to the staging area at the WEST end of the track.
2. Please check your awards **before** you leave. **Please do not take some one else's awards.**
3. GAMES COMMITTEE:
  1. Sullivan Girls Coach
  2. Salt Fork Girls Coach
  3. Arcola Boys Coach
  4. Unity Boys Coach
  5. Meet Manager- Ryan Hornaday

## **4. EXCHANGE JUDGES:**

- A. Please wave white flag when your zone is ready, starter is waiting on you.
- B. Wave yellow flag immediately if an infraction occurs and report to starter.
- C. Please remove tennis balls from the track after the race. **DO NOT USE TAPE.**

<b>RACE</b>	<b>ZONES</b>	<b>SCHOOL JUDGING</b>
<u>4 X 100 Relay</u>	1 <sup>st</sup> exchange yellow to yellow	Georgetown & Monticello
	2 <sup>nd</sup> exchange yellow to yellow	ALAH & Villa Grove
	3 <sup>rd</sup> exchange yellow to yellow	Central A & M & Warrensburg
<u>4 x 200 Relay</u>	1 <sup>st</sup> & 3 <sup>rd</sup> exchange red to red, then yellow to yellow	Heritage & Casey
<u>4 x 400 Relay</u>	Runners will cut at break line	Shelbyville
<u>4 x 800 Relay</u>	Runners will cut at break line	St. Teresa
<u>800 Run</u>	Runners will cut at break line	Meridian